



## Activity Poshan Parv (17th - 20th December 2024)

We are excited to announce that Platinum Valley International School has scheduled Poshan Parv, a joyful and educational event for our little learners.

**\*Classes - Pre-Nursery to Grade II  
Date - 17th December to 20th December 2024\*.**

The event aims to foster creativity, healthy habits, and hands-on learning.

### Schedule of Activities:

#### 1. 17th December

##### Activities :

किसान हाट  
आओ चले बाज़ार

A field and a mart will be created in the school, and children will have the opportunity to learn about farming and experience shopping.

##### Children need to bring:

- One fruit/vegetable as guided by the class Mentor.
- For shopping one cloth bag/jute bag /paper bag.
- Play money (fake currency).

#### 2. 18th December

##### Activities

खेल कूद, सेहत खूब

Children will have colourful nutritious diet in lunch. Educational fun games will also be conducted.

##### Children need to bring

a) Nutritious parantha (Red/Yellow/Green color)./one dish made up from Millets.

b) Gajar ka halwa.



### 3. 19th December

Activities :

मेरी रसोई

and

योग भगाए रोग

Children will prepare a dish by cooking without fire.(Collective activity).

Yoga and wellness session, including animal yoga, will be conducted

- Children need to bring:

a) One apron

b) Handmade chef cap.

c) Food items guided by the class mentor.

### 4. 20th December

Activity:

कला के पंख

Children will do Art and Craft work using creativity and imagination.

Children need to bring :

a) Craft scissors.

Let's work together to make this event a memorable learning experience!

